

	姓 名 Name	陳怡如 I-Ju Chen	
	所屬單位 institute	國立陽明交通大學 National Yang Ming Chiao Tung University 跨專業長照個與管理碩士學位學程、護理學系、中醫學系、 高齡健康產業創新推動中心 Master program for Transdisciplinary Long-term Care and Management (MLTC), Department of Nursing, Department of Chinese Medicine、 Center of Aging Industry and Development (CAID)	
	職 稱 position	教授兼學程主任、執行長 Professor, Director, CEO	
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	研究領域 Research foci	社區護理、高齡健康照護、長期照護 community health nursing, aging and health care, long-term care	
學歷 Education			
學校 school		科系 department	學位 degree
國立台灣大學 National Taiwan University		護理學系 Department of nursing	博士 PhD
University of Illinois, Chicago		Public Health Nursing	碩士 MS
國立陽明醫學院 National Yang-Ming University		護理學系 Department of nursing	學士 BS
經歷 Working experiences			
單位 institute		職位 position	期間 duration
國立陽明交通大學 NYCU			
高齡健康產業創新推動中心 CAID		執行長 CEO	2025/01/10-迄今 now
跨專業長照個與管理碩士學位學程 MLTC		學程主任 director	2024/08/01-迄今 now
		教授 professor	2023/02/01-迄今 now
秘書處 Secretariat		主任秘書 secretary general	2021/02/1-2024/07/31
護理學系 Department of Nursing		教授 professor	2021/02/01-迄今 now
國立陽明大學 National Yang-Ming University			
秘書室 Secretariat		主任秘書 secretary general	2017/12/26-2021/1/31
校友中心 Center of Alumni Service		中心主任 director	2016/01-2018/5/1
護理學系 Department of Nursing		教授 professor	2013/02-2021/01/31
護理學系 Department of Nursing		系主任 director	2011/04-2014/07
護理學系 Department of Nursing		副教授 associate professor	2008/08-2013/01
就業輔導組 Career development		組長 chief	2001/08-2003/07
護理學系 Department of Nursing		講師 lecturer	1995/10-2008/07
新光紀念醫院護理部 ShinKung Hopsital		副護理長 associate head nurse	1994/08-1995/09
花蓮慈濟護專護理科 Tzuchi Junior College of Nursing		講師 lecturer	1993/06-1994/07
台北榮總護理部 Veteran General Hospital Taipei		護士 RN	1990/07-1991/06

課程 Courses

長照跨專業服務與整合策略 Transdisciplinary long-term care services and strategy; 長期照顧政策 Long-term care policy, 長照跨專業實務討論與分析 Seminar in transdisciplinary long-term care and management; 護理與醫療照護策略 Nursing and health care and strategy; 社區衛生護理 Community health nursing, 老人健康照護與處置 Gerontological health care and management; 高齡持續性照護與長照機構管理 Senior continued care and long term care; 高齡產業發展與創新; 高齡長壽健康住居設計

著作目錄 Publications

期刊發表 Journal papers

1. Min-Ling Lin, Shun-Ping Cheng, Huey-Ming Tzeng, **I-Ju Chen*** (2022). Development of **the Chinese Version of Nurses' Perception of Risk Factors for Injurious Falls** and a Pilot Study. **International Journal of Gerontology**, 16(1), 28–32. 通訊作者
2. Ruo-Nan Jueng*, and **I-Ju Chen*** (2022). The Effects of Horticultural Therapy on Sense of Coherence among Residents of Long-Term Care Facilities: A Quasi Experimental Design. **International Journal of Environmental Research and Public Health**, 19(9), 5412. 通訊作者
3. Pei-Ti HSU, Chen-Shie HO, Ya-Fang HO, Jeu-Jung CHEN, I-Ju CHEN*. The Effects of a Social Participation App on Seniors. **Journal of Nursing Research** 29(5):p e168, October 2021. DOI: 10.1097/JNR.0000000000000451 (Impact factor: 2.517; Rank: 30.00%) 通訊作者
4. Cheng-Yu Chang 張丞洳、**I-Ju Chen 陳怡如**、Shu-He Huang 黃淑鶴. 推展「預立醫療照護諮商 (ACP)」參與促進失智症個案接受安寧療護的機會 Promoting Advance Care Planning to Give Patients with Dementia the Opportunity to Receive Hospice Palliative Care in their End of Life. **安寧療護雜誌** 2021; 25(2):124-142 (OI). 第二作者
5. Shun-Ping Cheng, Tzu-I Tsai and **I-Ju Chen***. Development and Psychometric Evaluation of the **Place Attachment for Community-Dwelling Older Adult Scale**. **JOURNAL OF APPLIED GERONTOLOGY** 2020; 40(6):620-628 (SSCI). (Impact factor: 2.645; Rank: 51.30%) 通訊作者
6. Ying-Ling Kuo, **I-Ju Chen***. Facilitating a change model in age-friendly hospital certification: Strategies and effects. **PLoS One** 2019; 14(4):e0213496. doi: 10.1371/journal.pone.0213496. eCollection 2019. (SCI, Impact factor: 2.776; Rank: 34.06%) 通訊作者
7. Sz-Ching Lin, **I-Ju Chen**, Sou-I Li, Wen-Ry Yu, Tzu-I Tsai. Effect of a community-based participatory health literacy program on health behaviors and health empowerment among community-dwelling older adults: A quasi-experimental study. **JOURNAL OF CLINICAL NURSING** Sep-Oct; 40(5):494-501. doi: 10.1016/j.jgerinurse.2019.03.013. (SSCI). (Impact factor: 1.757; Rank: 20.76%)
8. **I-Ju Chen***, Shuh-Jen Sheu, Shun-Ping Cheng. The Meanings of Physical Activity for Older Adults with Leprosy: A Life Story inside the Wall. **LEPROSY REVIEW** 2017; 88(3):399-409 (SCI). (Impact factor: 0.541; Rank: 88.10%) First and Corresponding Author

9. Yu, H.Y., Tang, F.I., **Chen, I.J.**, Yin, T.J.C., Chen, C.C., & Yu, S. Nurse Administrators' Intentions and Considerations in Recruiting Inactive Nurses. **Journal of Nursing Management** 2016; 24(5):589-97 (SCI). (Impact factor: 2.386;Rank: 9.58%)
10. Ruo-Nan Jueng, Der-Chong Tsai, **I-Ju Chen***. Sense of Coherence among Older Adult Residents of Long-Term Care Facilities in Taiwan: A Cross-Sectional Analysis. **PLoS One** 2016; :1-12 (SCI). (Impact factor: 2.776;Rank: 34.06%) 通訊作者 Corresponding Author
11. Wu, C. H, **Chen, I. J.**, Cho, S. L. & Chiou, A. F.. The relationship between health-promoting behaviors and metabolic syndrome in community dwelling older adults. **Biological Research for Nursing** 2016; 18(5):549-57 (SCI). (Impact factor: 1.513;Rank: 32.92%)
12. Hung-Da Dai, Fu-In Tang, **I-Ju Chen** and Shu Yu. Taiwanese Version of the Work-Related Quality of Life Scale for Nurses: Translation and Validation. **The Journal of Nursing Research** 2016; 24:accepted (SSCI).
13. Pei-Ti Hsu, Pei-Hung Liao, William Chu, Shiu-Yan Yang and **I-Ju Chen***. Exploration and forecasting of behaviours and factors relating to fruit and vegetable intake among seniors in the community. **PUBLIC HEALTH NUTRITION** 2015; 18(6):1052-1059 (SCI). (Impact factor: 2.526;Rank: 33.60%)通訊作者 Corresponding Author
14. Pei-Ti Hsu, **I-Ju Chen***, Jeu-Jung Chen, Cheng-Fen Chang, Shiu-Yan Yang. Using the Transtheoretical Model to Investigate Stages of Change in Regular Volunteer Service among Seniors in Community. **International Journal of Social, Education, Economics and Management Engineering** 2015; 9(1):160-164 (A&HCI). 通訊作者 Corresponding Author
15. Yu, H.Y., Tang, F.I., **Chen, I.J.**, Yin, T.J.C., Chen, C.C., & Yu, S.*. Inactive Nurses in Taiwan: Human Capital, Intention to Return to Hospital Nursing, and Incentives for Returning. **Journal of Nursing Management** 2015; 24(3):347-56 (SCI). (Impact factor: 2.386;Rank: 9.58%)
16. Shun Ping Cheng, TzeFang Wang, Fu In Tang, Ngok Kiu Chu, **I-Ju Chen***. The influences of high-rise residence on physical activity and quality of life among older people with leprosy in a retirement community. **AGEING & SOCIETY** 2014; 34(1):90-105 (SSCI). (Impact factor: 1.895;Rank: 43.06%)通訊作者 Corresponding Author
17. Mei-Jung Chen, Shu Yu, **I-Ju Chen**, Kai-Wei K. Wang, Ya-Hui Lan, Fu-In Tang. Evaluation of nurses' knowledge and understanding of obstacles encountered when administering resuscitation medications. **NURSE EDUCATION TODAY** 2014; 34:177 – 184 (SCI). (Impact factor: 2.442;Rank: 7.08%)
18. Ya-Hui Lan, Kai-Wei K. Wang, Shu Yu, **I-Ju Chen**, Hsiang-Feng Wu, Fu-In Tang, RN,. Medication Errors in Pediatric Nursing: Assessment of Nurses' Knowledge and Analysis of the Consequences

of Errors. **NURSE EDUCATION TODAY** 2014; 34(5):821-828 (SSCI). (Impact factor: 2.442;Rank: 7.08%)

19. Hui-Yun Yu, Shu Yu, **I-Ju Chen**, Kai-Wei K. Wang, Fu-In Tan. Evaluation of Nurses' Knowledge of Chemotherapy. **The Journal of Continuing Education in Nursing** 2013; 44: (SCI).
20. Min-Chin Lu, Shu Yu, **I-Ju Chen**, Kai-Wei Wang, Hsiang-Feng Wu, Fu-In Tang. Nurse's knowledge of high-alert medications: a randomized controlled trial. **NURSE EDUCATION TODAY** 2013; 33 :24-30 (SSCI). (Impact factor: 2.442;Rank: 7.08%)
21. S P Cheng, C Y Yang, F. I, Tang, **I-Ju Chen***. Training Effects of a 12-week Walking Program on Parkinson Disease Patients and Community Dwelling Older Adults. **NeuroRehabilitation** 2013; 32 (4):967-976 (SCI). (Impact factor: 1.197;Rank: 67.39%)通訊作者 Corresponding Author
22. Tze-Fang Wang, **I-Ju Chen**, I-Chuan Li. Associations between chewing and swallowing problems and physical and psychosocial health status of nursing home residents in Taiwan: a pilot study Geriatric Nursing (accepted) (SSCI: 34/87=3908%). **GERIATRIC NURSING** 2012; 33(3):183-193 (SSCI). (Impact factor: 1.517;Rank: 30.93%)
23. S P Cheng, FI Tang, S Yu, **I-Ju Chen***. Factors Influencing Physical Activity in Institutionalized Elderly Patients with Leprosy. **Rehabilitation Nursing** 2012; 37(2):88-93 (SSCI). (Impact factor: 1.367;Rank: 42.80%)通訊作者 Corresponding Author
24. Tzu-I Tsai, **I-Ju Chen**, Song-Lih Huang. Motherhood Journey Through the Eyes of Immigrant Women. **WOMENS STUDIES INTERNATIONAL FORUM** 2011; 34(2):91-100 (SSCI). (Impact factor: 0.907;Rank: 57.95%)
25. Li-Ling Wu, Shun-Ping Cheng, Nie-Sue Lee, **I-Ju Chen***. 台灣不同地區漢生病病患日常生活能力與生活品質探討 Activity of Daily Living and Life Quality of Patients With Leprosy in Taiwan . **護理雜誌** 2010; 57(5):57-69 (OI). 通訊作者 Corresponding Author
26. Ghi-Yin Hsaio, **I-Ju Chen**, Shu Yu, Ien-Lan Wei, PhD, Yu-Yuan Fang & Fu-In Tang. Nurses' Knowledge of High-alert Medications: Instrument Development and Validation. **JOURNAL OF ADVANCED NURSING** 2009; 66(1):177-190 (SCI). (Impact factor: 2.376;Rank: 10.42%)
27. Shun-Ping Cheng, Tzu-I Tsai, Yun-Kung Lii, Shu Yu, Cheng-Liang Chou, **I-Ju Chen***. The Effects of a 12-Week Walking Program on Community-Dwelling Elderly Adults. **RESEARCH QUARTERLY FOR EXERCISE AND SPORT** 2009; 80(3):524-532 (SSCI). (Impact factor: 2.032;Rank: 43.29%)
通訊作者 Corresponding Author
28. 盧純華 王子芳 陳怡如 林笑.. 以概念圖於臨床護理教學之初探. **志為護理** 2008; 7(5):65-73 (OI).

29. **I-Ju Chen**, Cheng-Liang Chou , Shu Yu, Shun-Ping Cheng. Health Services Utilization and Cost Utility Analysis of a Walking Program for Residential Community Elderly. **Nursing Economics** 2008; 26(4):263-269 (SSCI). (Impact factor: 1.025;Rank: 69.92%)
30. Ke-Wu Yao, Shu Yu, Shun-Ping Cheng, **I-Ju Chen***. Relationships Between Personal, Depression, and Social Network Factors and Sleep Quality in Community-Dwelling Older Adults. **The Journal of Nursing Research** 2008; 16(2):131-139 (TSSCI). 通訊作者 Corresponding Author
31. Tze-Fang Wang, Chwen-Hwa Lu, **I-Ju Chen**, and Shu Yu. Sexual Knowledge, Attitudes, and Activity of the elderly in Taipei, Taiwan. **Journal of Clinical Nursing** 2008; 17(4):443-450 (SSCI). (Impact factor: 1.757;Rank: 20.76%)
32. **I J Chen**, K F Yang, F I Tang, C H Huang, S. Yu.. Applying the Technology Acceptance Model to Explore Public Health Nurses Intentions towards Web-Based Learning: a Cross-sectional Research. **International Journal of Nursing Studies** 2008; 45(6):869-878 (SSCI). (Impact factor: 3.57;Rank: 0.42%)
33. S. Yu, **I. J. Chen**, C. F. Yang, T. F. Wang, L. Li. A feasibility study on the adoption of E-learning for public health nurse continuing education in Taiwan. **NURSE EDUCATION TODAY** 2007; 27(7):755-761 (SSCI). (Impact factor: 2.442;Rank: 7.08%)
34. Huang, C. H., **I-Ju Chen**, & Yu, S.. Case management for school students with chronic disease: the current situation and future direction. **護理雜誌** 2005; 52(2):15-20 (OI).
35. **I-Ju Chen**, Lee, L. C., Yu, S., & Huang, L. H.. Care at School: Health Care Needs and Coping Strategies among Children Whose Mothers Are Foreign Wives. **護理雜誌** 2005; 52(2):10-14 (OI).
36. **I-Ju Chen**., Yu, S., Wang, T. F., Cheng, S.P., & Huang, L H.. Knowledge of osteoporosis and its related factors among public health nurses in Taiwan. **OSTEOPOROSIS INTERNATIONAL** 2005; 16:2142-2148 (SCI). (Impact factor: 3.83;Rank: 29.31%)
37. **I J Chen**, S. P Cheng, & L. H. Huang. Trends of Exercise Training Research in Fall Prevention Programs among the elderly. **台灣公共衛生雜誌** 2005; 24 (2):93-102 (OI).
38. **Chen, I. J.**, Chen, Y. C., Huang, S. H., & Lu, C. H. The experiences of newly employed nurses when facing stress Tzu-Chi Medical Journal. **慈濟醫學** 2003; 15(6):391-398 (OI).
39. **Chen, I. J.** & Yu, S. Fire escape of nursing home. **台灣醫學** 1998; 2((5)):575-580 (OI).
40. **Chen, I. J.** The chronic pain evaluation tool for rheumatoid arthritis patients. **護理雜誌** 1991; 38((2)):19-31 (OI).

研討會發表 **Conference papers**

1. 鍾若男, **陳怡如**, 運用夥伴關係落實臨床護理人員健康促進, 第六屆海峽兩岸暨港澳地區護理高峰論壇暨學術研討會, 香港, 2019
2. **I-Ju Chen**, Jia-Ling Sun, Shin-Ping Huang, Wen-Chieh Liao, Shun-Ping Cheng, The threats of ageing and the effects between health promotion behaviors and frailty in older adults with chronic diseases, Nursing & Healthcare Summit 2019, Tokyo, 2019
3. **陳怡如**、鄭舜平、蔡慈儀, 社區高齡者地方依附之測量, 高齡社會下的政策新挑戰、服務新需求與研究新課題, 台北市, 2017
4. **I-Ju Chen**, Shun-Ping Cheng, The influences of Social Relation and Activity Participation on Place Attachment and Health in Community-Dwelling Older Adults. The 25th International Conference on Health Promoting Hospitals and Health Services, Vienna, Austria, 2017
5. Ruo-Nan Jueng, **I-Ju Chen**, The impact of horticulture activities on health of the older residents of long-term care facilities & the assessment tools: A systemic review, The 10th International Conference on Horticultural Therapy, Feng Chia University, Taichung City, 2016
6. Min-Ling Lin, **I-Ju Chen**, Huey-Ming Tzeng, Compare the Differences of Nurses Perceptions of Risk Factors and Effective Preventability for Injurious Falls between USA and Taiwan, The 26th International Nursing Research Congress, San Juan, 2015
7. Min-Ling Lin **I-Ju Chen**, Risk factors associated with falls and related injuries of patients hospitalized in a medical center in Taiwan, 10th International Congress of World Federation of Critical Care Nurses, Antalya, 2014
8. Pei-Ti Hsu, **I-Ju Chen**, Jeu-Jung Chen, Cheng-Fen Chang and Shiu-Yan Yang, Using the Transtheoretical Model to Investigate Stages of Change in Regular Volunteer Service Among Seniors in Communit, ICSS 2015 : XIII International Conference on Social Sciences, Paris, 2014
9. Ying-Ling Kuo, **I-Ju Chen** Age-Friendly Hospitals prepare to medical practitioners of the knowledge and attitudes of the elderly, Sigma Theta Tau International 24th International Nursing Research Congress, Prague, 2013
10. Ruo-Nan Jueng, **I-Ju Chen**, Using Salutogenic Model of Health to Evaluate the Self-rated Health Status of the Elderly in the Long-term Care Facilities, Sigma Theta Tau International 24th International Nursing Research Congress, Prague, 2013
11. Ying-Ling Kuo, **I-Ju Chen**, Age-Friendly Hospital staff of the influencing factors of the knowledge and attitudes of the elderly, The 21st International Conference on Health Promoting Hospitals and Health Services, Gothenburg, 2013

12. Ai-Fu Chiou, Chien-Huan Wu, **I-Ju Chen**, Health-Promoting Behavior and Metabolic Syndrome among Community Older Adults.,Sigma Theta Tau International's 23rd International Nursing Research Congress.,Australis: Brisbane.,2012
13. Hung, Y. N., Yang, S. Y., Wang, T. C., **I-Ju Chen**, & Yu,S., An observation on the trend of outpatient clinic utilisation and numbers of medical prescription given in Taiwan elderly between 1997~2010,International Society of Pharmacoeconomics and Outcomes Research 5th Asia-Pacific Conference 2012,Taipei, Taiwan,2012
14. Yang, S. Y., Yu,S., **Chen, I. J.**, Wang, T. C.,Lim, L. C., & Hung, Y. N.,, Inappropriate medication use among the elderly: a population-based study of ambulatory care service,Asia Pacific Geriatrics Congerence,Taipei,2012
15. Ruo-Nan Jueng, **I-Ju Chen**, Kuei.-Hsia. Hsueh, Analysis of Sense of Coherence of the Elderly in Long Term Care Institution.,the15th East Asian Forum for Nursing Scholars (EAFONS).,Signpore.,2012
16. Ruo-Nan Jueng, **I-Ju Chen**, Kuei.-Hsia. Hsueh, Effect of Individualized Nursing Instruction with Health Educational Handbook on Diabetic Inpatients' Cognition, Attitude and Self-Care Behavior,22nd International Nursing Research Congress, Cancun, Mexico,2011
17. Shun-Ping Cheng, **I-Ju Chen** Cheng-Liang Chou, Fall, Fall Efficacy, and Isokinetics Strength in Older Community dwellers, The 2nd Asia-Oceanian Conference of Physical and Rehabilitation Medicine,Taipei,2010
18. **I-Ju Chen**, Shun-Ping Cheng, Shu Yu, Fu-In Tang, & Tze-Fang Wang, The influences of residential relocation on fall, physical activity and quality of life among older adults, Longevity, Health and Wealth:19th IAGG World Congress of Gerontology & Geriatrics,Paris,2009
19. Yu, S.,**Chen, I.J.**, Wang, T.F., Knowledge, Attitude, and Practice of Bowel Function Maintenance and Bowel Problems Prevention among the Community Elderly in Taiwan.,19th International Nursing Research Congress Focusing on Evidence-Based Practice.,Singapore.,2008
20. Yu, S., Wang, T.F., **Chen, I.J.**, Effects of a Two-Step Approach in Improving Knowledge, Attitude, and Behavior, and the Severity of Urinary Incontinence for Community Women with Simple Urinary Incontinence.,19th International Nursing Research Congress Focusing on Evidence-Based Practice.,Singapore.,2008
21. Yu, S., **Chen, I.J.**, Huang, C.H., Yu, H.I., & Yeh, M.C., Problems and health care needs regarding bowel problems among the community elderly in Taiwan., RCCCPI: Asia-Pacific Research Symposium, Gold Coast, Queensland Australia.,2008

22. **I J Chen**, S P Cheng, L H Huang, YF Chiou, Y C Huang, Th models of physical activity, functional fitness, and fall among older adults in Taipei, International Conference on Healthy Aging, Taipei, Taiwan,2006
23. **I. J. Chen**, S. P. Cheng., Y. H. Chou, & L. H. Huang., The influences of fall related functional fitness on fall and quality of life. .,Nursing on the move: knowledge, innovation and vitality, 23rd Quadrennial Congress 2005,,Taipei, Taiwan,2005
24. **I J Chen**, Y Shu, TF Wong, SP Cheng, . Knowledge of osteoporosis and its related factors among public health nurses in Taiwan. The 7th East Asian Forum of Nursing Scholars. Networking in East Asia., ong-Kong: The Hong Kong Polytechnic University.,2004
25. **I.J.Chen**, T.I. Chen, Y.Y. Chang, C.Y. Wu, J.J.Chen, Cardiac-Respiratory fitness associated with quality of life in older Taiwanese. .New Era- Challenges and Innovations for improving Personal Health and Quality of life.2000 conference International Health Evaluation Association, Taipei: The Grand Hotel,2000
26. T.I. Chen, Y.Y. Chang, C.Y. Wu, **I.J. Chen**, J.J.Chen, Physical activity did affect bone density of elderly population, New Era- Challenges and Innovations for improving Personal Health and Quality of life.2000 conference International Health Evaluation Association, Taipei: The Grand Hotel,2000

研究計畫					
計畫名稱	計畫內擔任之工作	起訖年月	補助或委託機構	執行情形	執行經費(元)
居家護理產業創新模式		計畫準備中			
守護獨老：以科技轉譯為青銀共創全齡社區行動計畫	共同主持人	2025/01/01 至 2025/12/31	教育部	執行中	6,800,000
113 年評估長照機構緊急救護資料電子化先期研究案	共同主持人	2024/09/01 至 2025/08/30	國家災害防治中心	執行中	1,350,000
評估長照機構緊急救護資料電子化先期研究案(NCDR-S-112073)	共同主持人	2023/09/01 至 2024/08/30	國家災害防救科技中心	已結案	940,800
以病人為師的整合性醫療溝通課程之建置	共同主持人	2020/08/01 至 2021/07/31	科技部	已結案	900,000

與驗證：提升大學護理系學生以病人為中心的醫療溝通之縱貫性研究					
提升以病人為中心的醫療溝通能力：整合溝通技能、健康識能、跨文化照護的教學方案(107-2511-H-010-007-)	共同主持人	2018/08/01 至 2020/07/31	科技部	已結案	640000
高齡者依附與依附轉移及其在活動參與及健康之作用	主持人	2018/08/01 至 2019/12/31	科技部	已結案	600000
預防跌倒措施與病患衛生教育執行之涵蓋與重複狀況：跨醫療專業人員調查	主持人	2018/01/01 至 2018/12/31	衛福部桃園醫院	已結案	334200